

APPENDIX A:

Additional Resources for Trainers

Reading

- *Motivational Interviewing: Preparing People for Change*, Second Edition, by William R. Miller and Stephen Rollnick. New York: Guilford Press, 2002.
- *Changing for Good*, by James Prochaska, John Norcross, and Carlo DiClemente. New York: William Morrow and Co., 1994.

Web Sites

www.motivationalinterview.org

This site, maintained by the Mid-Atlantic Addiction Technology Transfer Center, in cooperation with the Motivational Interviewing Network of Trainers, William R. Miller, Ph.D., and Stephen Rollnick, Ph.D., provides general information about motivational interviewing, clinical session transcripts, links, training resources, information on recent research, and an extensive bibliography.

You can find information about Mind Mapping at www.mind-map.com.

Training Enhancement

Trainers also may want to incorporate into the EMCIT one or more videos produced by and available from the University of New Mexico's Center on Alcoholism, Substance Abuse, and Addictions (CASAA). More information on the videos described below and an order form are available at www.motivationalinterview.org/training/videos.html.

Trainers should review the videos and decide how to incorporate them into the EMCIT to meet the needs of participants.

Motivational Interviewing: Professional Training Videotape Series

Developed by Dr. Miller (TIP 35 Consensus Panel Chair) and Dr. Rollnick, and directed by Theresa B. Moyers, this series of six videotapes offers 6 hours of clear explanation and practical modeling of component skills. The tapes include clinical demonstrations of motivational interviewing skills, showing 10 different therapists working with 12 clients who bring a variety of problems. The tapes may be ordered individually or as a set.

La Entrevista Motivacional: Preparación para el Cambio

CASAA also offers a motivational interviewing training video (or DVD) in Spanish, directed by Carolina Yahne, Ph.D., in collaboration with Dr. Miller. This 90-minute training video includes an introduction by Dr. Yahne and Dr. Miller and three sample interviews.